

Custer/Hysham

Rebels

Training Rules

and

Sports Participation Information

ELIGIBILITY

1. If a student is not in school, due to an unexcused absence, by 9:00 A.M., he/she will not practice that night or participate in any of the games that day, evening, or the following weekend if it is the last day of the school week. If a bus route does not run due to weather or other emergency situations, the athlete must still be in school by 11:00 A.M. in order to practice that night or participate in any of the games that day, evening, or the following weekend if it is the last day of the school week, and the parent or guardian must notify the school by 9:00 A.M. Extenuating circumstances will be considered.
2. To be eligible to participate in extra-curricular activities, a student at Hysham and Custer (grades 4 – 12) must:
 - a) Have at least a 67% in any class. If any grades are below a 67%, the students will not be eligible to play for that week.
 - b) End of the Quarter grades will be used for the following two weeks eligibility list.
 - c) If a student has an F at the end of the semester as a grade on their report card, the student cannot play until the midterm of the next quarter.
 - d) If a student is ineligible, they are encouraged to spend at least 1 hour per week with the teacher they are ineligible for during the week in order to get off the list the following week if his/her grades are at least a 67%.
3. Grades will be checked every Tuesday afternoon at 1:00 P.M. Grades for eligibility will be cumulative during a grading period. A list of students with grades below a 67% will be made available to staff members by Wednesday afternoon. Eligibility will run from Wednesday morning @ 8:00 A.M. until the next Wednesday morning @ 8:00 A.M.
4. A warning list of students with grades below 73% or an "I" will also be made available to staff members by Wednesday afternoon. Students on the warning list will also be encouraged to spend at least 1 hour with the teacher they are being warned by.
5. A student who is listed as ineligible for 3 weeks will be dismissed from participation the remainder of the season.
6. A student who is ineligible may practice, but may not travel with the team to games.
7. The student's teacher will inform the parent/guardian of the student's eligibility status if the student is on the warning or ineligibility list, and document it.
8. Each participant must adhere to the dress code of the participating schools for practices, games, and travelling, with discretion by the coaches.

ATHLETIC PHYSICALS

The Montana High School Association requires any student in Grades 8 – 12 who plan to participate in athletics **must pass** a physical examination in order to be considered eligible for participation in a MHSA contest. The certificate of physical examination, approved by the MHSA, must be completed and on file in the office **prior** to the participant's first practice. This examination must be certified by a physician, a physician assistant (PA), or a nurse practitioner (NA). This certification is valid for a period of one school year. A physical examination conducted before May 1st is not valid for participation the following school year.

The Custer/Hysham Sports Cooperative requires any student in Grades 4 – 12 who plans to participate in school sponsored athletics to have a physical examination on file in the main office prior to the participant's first practice. The school districts will not pay any cost incurred by the participant for the physical examination.

PARTICIPATION FEE

Students in Grades 4 – 12 who participate in a school sponsored athletic event will pay a fee that will be used to pay the MHSA annual dues. This fee will be paid by all students involved in the activity (i.e. players, managers, cheerleaders, video people, stat keepers, etc.)

The fees will be as follows:

Grades K-8	\$25.00 per school year
Grades 9-12	\$35.00 per school year

The participation fee will include an activity ticket which will allow the holder entry into any home regular season game. An activity ticket is not good for tournament or play-off games held in Custer or Hysham.

Students will be charged this fee when they go out for a sport. Participants who quit or are removed from the team for academic or rule violations are not entitled to a refund. Refunds will not be given to students who move during the school year.

Any student unable to pay the participation fee due to financial constraints is encouraged to contact the Activities Director to make arrangements for an alternative method of payment of fees (e.g. installment payment).

Custer/Hysham All Sports Training Rules

1. Athletes must adhere to the following basic training rules:
 - A. No use of alcohol, drugs, and/or tobacco products
 - B. Must act with respect and class at all times
 - .Respect authority
 - Model proper sportsmanship
 - Adhere to the rules of the schools as stated in the handbooks
 - C. Training Curfew hours will be 10:00 p.m. on Sunday through Thursday, or the night before a game. Friday and Saturday night will be 12:30 a.m. For students coming from a school sponsored event, Training Curfew rules will begin ½ hour following the conclusion of the event. Exceptions for special circumstances will be worked out with the coach.
 - D. Participants must practice every practice session unless previous arrangements have been made with the coaching staff.
 - E. An unexcused absence from a practice or a game will result in loss of participation

for the next scheduled game. Students will not be allowed to travel with the team to the away game.

- F. Students that are too sick to come to school for an entire day will not be allowed to practice, play in an athletic contest, or participate in an extra-curricular activity. To be able to participate in athletics and extra-curricular activities with a doctor's note, a student must be back in by noon. Exceptions may be made for afternoon medical appointments providing the student was present for school during the morning class periods.
- G. Athletes are responsible for uniforms assigned to them. If they damage the uniform, they will be responsible for monetary reimbursement to the schools.
- H. All students are required to ride the bus to all scheduled practices and games. If a student is not riding the bus home, the parents or legal guardian must be present to grant written permission for their son or daughter to ride with another person. (Special circumstances may apply with prior approval by the school superintendent.)
- I. Athletes with a change in health status or using prescription or non-prescription drugs should notify coaches immediately for safety purposes.

2. Penalties will follow this format.

- A. First offense for "A" will result in no participation in the next four scheduled volleyball or basketball games, or next two scheduled football games or track meets. Athletes must practice.
- B. First offense for "B", "C", and/or "D" will result in exclusion from the scheduled game.
- C. Second offense for "A" will result in the dismissal from the team.
- D. Next offense for "B", "C", and/or "D" will result in exclusion from the next two scheduled games or termination from the team. (Coach's discretion)
- E. A third offense is automatic dismissal from the team.

STUDENT MISCONDUCT AT A SCHOOL SPONSORED ACTIVITY

A student misbehaving or destroying property at a school sponsored event may lead to detention, suspension (either in school or out of school) or expulsion, depending on the degree of the misconduct. Destroying of property will require the student(s) to pay reimbursement for property destroyed.

STEALING

No stealing. If stealing occurs at a school sponsored activity, at an away or overnight trip, the participant will be immediately dismissed from the team. The participant will be suspended from school for 3 days starting the first school day after the incident.

ADDITIONAL REGULATIONS

Individual coaches, sponsors, or advisors may assign additional rules pertaining to practices or curfew which may be more specific to their activity. These rules and failure to follow these rules' consequences will be handed out to the participants at their initial meeting. These rules should also be sent to the participants' parents and/or guardians.